



St. Mary's Parish Church Allithwaite

within
The Cartmel Peninsula Team Ministry



AUTUMN EDITION 2018

EDITOR'S RAMBLINGS



104 YEARS ANNIVERSARY

The 4th of August marks the 104th anniversary of the day Britain entered one of the costliest conflicts in history – the First World War – with fighting continuing until the 11th of November 1918 which marks the 100th anniversary of the end of the Great War, Armistice Day.

In his 'sermon on the mount' Jesus says 'Blessed are the peacemakers, for they will be called children of God'. As Christians, we are all called to be peacemakers. This can be in our homes and families, in our work place, in our community. Or it may be working and praying with others who are trying to make peace in some of the most difficult parts of our world. Coventry Diocese is of course at the forefront of 'peace making' in our world, with its Cathedral's ministry of reconciliation.

Following the bombing of the mediaeval Cathedral in 1940, Provost Howard had the words 'Father Forgive' inscribed on the wall behind the Altar of the ruined building. These words are used as the response in the Coventry Litany of Reconciliation, which is prayed in the new Cathedral every weekday at noon and is used throughout the world by the Community of the Cross of Nails.

As we remember World War 1 and all the wars and conflicts that have followed and continue to rage in our world, I invite you to join with peace makers throughout the world, in praying this litany of reconciliation.

All have sinned and fallen short of the glory of God.

*The hatred which divides nation from nation, race from race, class from class,
Father Forgive.*

*The covetous desires of people and nations to possess what is not their own,
Father Forgive.*

*The greed which exploits the work of human hands and lays waste the earth,
Father Forgive.*

*Our envy of the welfare and happiness of others,
Father Forgive.*

*Our indifference to the plight of the imprisoned, the homeless, the refugee,
Father Forgive.*

*The lust which dishonours the bodies of men, women and children,
Father Forgive.*

*The pride which leads us to trust in ourselves and not in God,
Father Forgive.*

*Be kind to one another, tender-hearted, forgiving one another,
as God in Christ forgave you.*

Mike (Ed)

THIS IS A 'NOT FROM THE VICARAGE' LETTER!

I'm acutely aware through my involvement with our local schools that the summer is a time of change and transition. The ending of the school year brings with it the hope of fresh possibilities and opportunities, time for rest and refreshment and the looking ahead to new challenges after the holidays are over. The role of the Church in education is often misunderstood and undervalued. The formation of the National Society in the early years of the nineteenth century was endowed purposefully for the promotion of education for the poor in the parishes of the established church. At a time when the educational provision was poor and found to be wanting the Church of England took the initiative, seeking to reach out into some of the forgotten areas of the country and bring a systematic approach to the teaching of the young. For those insightful Christians education, learning, and the ability to increase in wisdom and understanding was an essential part of Christian prayerful practice. It can perhaps best be understood as an early example of a 'fresh expression'. It was deeply missional and evangelistic seeking to convey through the provision of education the good news of the gospel and the assurance that God was interested in every part of human life and endeavour.

This interest and involvement in the realities of life of course hasn't simply just been limited to education, but rather was a hallmark of how our previous generations of Christians sought to practically articulate the realities of their faith. In the early decades of the twentieth century, Fr Basil Jellicoe, an Anglican priest in inner city London, led the campaign for better housing for his parishioners calling the squalor that surrounded him 'an outward and visible sign of an inward and spiritual disgrace' owing to the fact that it revealed the callous indifference of those in power towards those in greatest need. Such godly work proceeded from the conviction that every human being bore the image of Christ, and therefore it was the duty of every Christian to speak out against the injustices and wrongs that surrounded them.

There are countless other examples that could be drawn upon to illustrate the essential connection between the how our prayers aren't simply confined to our own personal needs but rather to the good of society and the benefit of others. Together they form part of one single grace-filled action in which all the good things of creation become the means by which we taste, see and experience the life of God. In an age when we are often drawn to contemplate the declining influence of the Christian Church it is important that each of us remember that each of us have a duty to live, work, pray and serve as public Christians. A way of living that doesn't simply influence our prayers but which calls us to reflect upon the opportunities we have to speak out, to get involved, and to be courageous for those issues and challenges that invite from us a response.

To do just this is to follow the example given of us by Jesus himself, who throughout his ministry lived out his prayerfulness through working for the flourishing and benefit of all those he encountered. Whether that was teaching the crowds from the mountain, challenging the religious hypocrisy of his day, or bring healing, restoration and renewal through the care and attention he offered to every individual. It is this example that we as Christians are asked to follow despite the changes and transitions we ourselves encounter. An example that is rooted and grounded in the love we have for God and as a result for our neighbour. A way of love that re-orientates our understanding of the world and our place within it, not simply for own good but more beautifully for the good of all. Its deeply missional, deeply evangelistic, deeply Christian, because ultimately as Jesus tells us, it's the life of the Kingdom of God. A Kingdom we're all called to be part of and to serve.

With every good wish and prayer for God's blessing,
Andrew

ALLITHWAITE CHURCH'S WAR MEMORIAL WINDOWS AND TABLET



In 1922 a stone tablet with the names of the soldiers who died was placed on the outside east wall of Allithwaite church and a stained glass window was placed in the east window to commemorate the soldiers of the village who died in the First World War.

After the Second World War a second stained glass window was commissioned and the existing memorial stone tablet was replaced with a larger one adding the names of the fallen soldiers in the 1939-1945 War and the wording was amended to World Wars and there were now two windows.

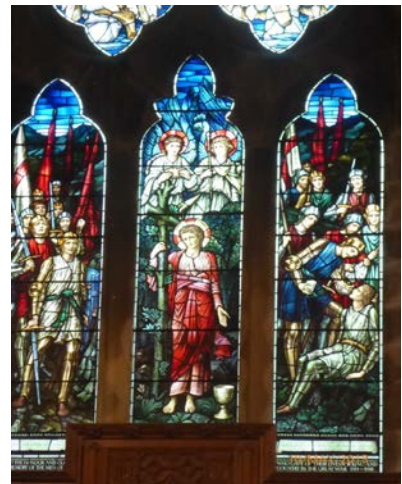
Description of the window

The central light represents Christ as victor over death. In the two side and lesser lights are the figures of St Alban and St George. St Alban was the first recorded Christian martyr. St George another Christian martyr is regarded as one of the most prominent military saints.

Canon David C Ellis in his Brief Guide to St Mary's Church, published in 2006 describes the window:

The picture is symbolic rather than biblical. It shows Jesus robed in red as captain of the host. His hand and feet are scarred with the marks of crucifixion indicating that he is risen and ascended Lord. He is surrounded by men in Roman armour, representing perhaps the soldiery of all ages.

The flags are red for martyrdom together with St George's flag for England. The embroidered silk garments the soldiers wear over their armour suggests that their cause is holy, and maybe their weapons are intended to have the meaning suggested by Ephesians 6 – the sword of the Spirit, the shield of faith etc.



Jesus upholds a cross of untrimmed timber, which, like Aaron's rod, is budding – a sign of the authority of the cross to silence all complaints against God (Numbers 17.8) He points to the chalice near his feet – a link with the Holy Communion table below the window. The implication is that the blood of his sacrifice becomes the wine of communion. Above and behind Jesus two angels bear the crown and sceptre of his Kingship. The soldiers are descending a rocky path from the mountains. These would seem more representative of the heights of the Lake District than the plains of France.

The bottom of the window is obscured by the oak screen reredos, but the screen took precedence because it was there ten years earlier. The inscription which foots the window reads: Greater love hath no man than this, that a man lay down his life for his friends' (John 15.3). This text is illustrated in two ways: (a) Jesus himself has laid down his life: (b) to the right of the picture soldiers are stooping to give a drink to a dying friend.

The War Memorial Tablet

A memorial stone has been placed under the east window of the Parish Church in memory of the village boys who fell in the war. The work has been carried out by Mr Wm. Blair, and the inscription is as follows: To the glory of God and in memory of the men who fell in the Great War 1914-1918 - Thomas Akister, Alfred Huntress Arnold, Isaac Brocklebank, Frank Wood Chadwick, James Dickenson, William Drinkall, Joseph Hibbert, John Lambert, Joseph Martin, George Sedgwick, Robert Thompson.

Second World War Memorial

Erection of stained glass in the East Window of the south aisle containing the following inscription:

In thankful remembrance of those from the Parish who made the Supreme Sacrifice 1939-1945 Ralf Athelsie Pole Allserbrook, Austin Drinkall, John Edmund Heywood, Lawrence Long, Waller Eden Smith.

Pat Rowland v1 August 2015

Ed note: The above is an abridged version of 'The story of Allithwaite Church's War Memorial Windows and Tablet'. *The History of the Parish of Allithwaite* Ronald Stevens published 1990.

CARLISLE CASTLE – WEEPING WINDOWS



The iconic *Weeping Window* sculpture, by artist Paul Cummins and designer Tom Piper, was on display for all to see at Carlisle Castle in June and July 2018.

Having been the headquarters of the Border Regiment throughout the First World War, the castle made a fitting location to host *Weeping Window* as part of the final year of 14-18 NOW's UK-wide tour.

Throughout the First World War, Carlisle Castle was the headquarters for the Border Regiment, one of the oldest regiments in the British Army. The castle also provided a HQ for the Volunteer Training Corps and accommodation for the Labour Corps during the war.

Much of the castle's outer ward was used for training the soldiers. Gravel was even laid on top of the grassed areas to expand the training space.

A total of 23,000 recruits passed through the castle during the First World War, with the war claiming 7,000 lives from the Border Regiment. The Regiment were brave and bold in spite of these tragedies, winning many Battle Honours including five Victoria Crosses.

Mike (Ed)

BEWARE OF THE DOORSTEP ROGUES

Cumbria County Council's Trading Standards service is warning residents in Cumbria to beware of rogue traders following an increase in reports of doorstep crime.



Incidents have occurred across the county, including Barrow-in-Furness, Grange-over-Sands, Penrith and Carlisle, with most traders cold-calling and offering home improvement services such as roofing work, replacing soffits, fascia boards and guttering.

Residents have also reported businesses carrying out work to driveways, providing left over tarmac whilst falsely claiming to have been doing work for the local council. Fish sellers have also been seen in the county.

Trading Standards advice is to always say 'NO' to any cold callers and we ask that you look out for your elderly or vulnerable family, friends, and neighbours.

The advice from Trading Standards is to shop around and obtain quotes from local reputable traders. Don't be pressurised into making a decision. Remember if you agree a contract in your home you should be given 14 days to cancel. This 'cooling off' period must be given to you in writing."

For further advice, or if you want to report an incident you can contact Cumbria County Council's Trading Standards team via the Citizen's Advice Consumer Helpline on 03454 040506 or Cumbria Police on 101.

FIVE MAKE AN HEROIC RESCUE (A TALE OF THE GOOD SAMARITANS)

Westmorland Gazette article headline – *“Rescuers find mountaineer Alan Hinkes helping injured man”*
No mention of our true Local Heroes.

A St Mary's Walking Group outing to Haweswater reservoir and the uncovered village of Mardale (not at its lowest in the recent drought, but very interesting nevertheless). Then up on the ridge to High Street. Three came back down via Blea Tarn, two continuing along the ridge and down via Nan Bield Pass, rendezvousing in the car park by the reservoir.

The 3 arrived first expecting the other 2 not far behind. 15 minutes, 30 minutes, 1 hour went by, where are they? Predictably no phone signal. Cue gallows humour: “what if Michael has gone for a swim in the tarn and encountered a giant pike? “A buzzard was spotted overhead, could this be an omen? But eventually Michael arrived, without Richard! So the true story unfolds.

On the way down they had come across a man who had clearly injured his ankle quite badly.
“A priest-like walker had previously passed by and given the injured man a wide berth, and then another well-to-do person stopped and said to the man “I would like to give you something for your pain, but I cannot be sure that you have not taken any other pain-killers recently, so health and safety precautions mean I must pass on by”

Back to the real story. They tried to help the man down, but the path was too steep and rough. Fortunately they had a phone signal, so were able to contact Mountain Rescue. Richard stayed with the man, Michael came down to join us.

It was whilst waiting for Mountain Rescue that Alan Hinkes, a well known local mountaineer, came down the path. Apparently, the injured man was a bit of a fan of his, so it made his day (sort of) – hence the WG story.

Back at ground level the story continues in the nearest bar – The Haweswater Hotel - where 4 men of a certain age struggle with the intricacies of a modern payphone (where is button B?) and finally manage to make contact with Richard up the fell and ask him to phone the Hotel when the MR arrive. (We also rang home, so no one worried about our late return).

When MR did arrive, they decided the path down was too tricky, and so strapped the man to a stretcher, sledged him down a grassy slope to flatter terrain, before carrying him out. Thus relieved of duty! Richard joined us, over 3 hours after the original incident.

So, all was well, we had some humorous moments, but it did bring home the dangers of the fells:

- One can't rely on having a phone signal
- Even on a warm day a casualty can quickly become chilled
- It takes a while for MR to assemble their people and equipment, drive to the nearest car park and walk up the fell

Other walks recently: we've been up Skiddaw, done a circuit of Gowbarrow north of Ullswater, and been to Malham taking in Janet's Foss, Gordale Scar and Malham Cove. I started to write this in advance of that last walk and had pencilled in "no further incidents". But then – Dylan, our resident golden retriever, was attacked (really!) by a fully grown lamb. Dylan was on his lead minding his own business, when the lamb came chasing after him! What looked like a case of mistaken identity – is that my mum - turned into a proper attack!

John Arthur



WINDERMERE DEANERY NETWORK YOUTH CHURCH

Network Youth Church goes from strength to strength across Cumbria and things are growing in our area too. In the Cartmel Peninsula we have the pleasure of partnering with the Churches Together Youth Trust. This is producing fruit through the work of Katarina our intern, and Libby who has recently returned from maternity leave.

We are excited at the growth in Ambleside and the relationships that have been built between Chris and the local community. Links have been established in the school and the Network Youth Church is supporting discipleship of young people in the area.

Chris is looking to develop things further in Staveley amongst older young people and is undertaking a consultation with the community.

MONDAY NIGHTS IN AMBLESIDE

Network Youth Church has been meeting on Monday evening's in the Parish Centre in Ambleside since September 2017. We meet at 6pm for chips and then have look at a Bible passage, most often a parable. We are getting most of year 6's many of whom have limited contact with church. We are encouraged by the growth in Ambleside and look forward to seeing what develops in the future.

Please pray for Chris, Carole & David who run the group.

Chris has started doing half termly assemblies at Ambleside School.

FLOOKBURGH

Libby, Chris & Katarina continue working with the local community in Flookburgh to run the youth club. We meet 6.15pm every Thursday during term time. There is a core group of about 10 young people. Over Easter holidays we went trampolining.

Libby & Katarina continue to go in the school to help with Assemblies and run a lunch club.

NAME CHANGE!

We are looking for a name for the Network Youth Church in the Windermere Deanery. This is to help people who are not used to the deanery system identify with the work we do, particularly as we move in to ecumenical mission communities. The current favourite is '**Lakeland & Peninsula Network Youth Church**'. What do you think? Do you have an idea? Contact Chris Mason, Mob: 07956396576 Email: ignitewindermere@hotmail.com

SCHEDULE OF REGULAR EVENTS

Monday:

- 3.15pm: Crumpet Church –
- 6pm: Youth Church – Ambleside

Tuesday:

- 12pm: Lunch Club - Flookburgh
- 1.15pm: Vision – Cartmel Priory School
- 3.15pm: Xstream – Staveley
- 3.15pm: Creative Space – Cartmel Priory School *New
- 7pm: Girls Cell (Monthly)

Wednesday:

- 8.45am: Reflections – The Lakes School

Thursday:

- 6.15pm: Youth Club – Flookburgh

Friday:

- 8.30am: Reflections – Cartmel Priory School
- 5.30pm: Rock Solid – Allithwaite
- 7.15pm: Ignite – Grange Over Sands
- 7.15pm; Lads Cell – Grange Over Sands (Monthly)

Please Pray for the following dreams:

- YWAM Mission trip to Eastern Europe (contact us for more information).
- Weekly Youth Café Staveley or Windermere.
- Weekly lunch club Lakes School
- Football Cage Project (Area wide).

Contact Chris Mason, Mob: 07956396576 Email: ignitewindermere@hotmail.com

You can donate to the work of the Network Youth Church, contact Chris for more information!

EASYFUNDING

Don't forget when ordering good or booking rail tickets or holidays on line to use **EASYFUNDRAISING**.

Amazon, Marks and Spencer, Travelodge, Argos, Next, there are so many High Street stores that will give us a donation. If you are interested in helping the church in this way just click on **EASYFUNDRAISING** and name **St Mary's, Allithwaite** as your chosen charity.

THE ORIGINS OF THE INTERNET

An old, bearded shepherd with a crooked staff walked up to a stone pulpit and said, "And lo, it came to pass that the trader by the name of Abraham Com did take unto himself a young wife by the name of Dot. And Dot Com was a comely woman, broad of shoulder and long of leg. Indeed, she had been called Amazon Dot Com.

And she said unto Abraham, her husband, "Why doth thou travel far, from town to town, with thy goods when thou can trade without ever leaving thy tent?" And Abraham did look at her as though she were several saddle bags short of a camel load, but simply said, "How, Dear?" And Dot replied, "I will place drums in all the towns and drums in between to send messages saying what you have for sale and they will reply telling you which hath the best price. And the sale can be made on the drums and delivery made by Uriah's Pony Stable (UPS)."

Abraham thought long and decided he would let Dot have her way with the drums. And the drums rang out and were an immediate success. Abraham sold all the goods he had, at the top price, without ever moving from his tent. But this success did arouse envy. A man named Maccabia did secret himself inside Abraham's drum and was accused of insider trading. And the young man did take to Dot Com's trading as doth the greedy horsefly take to camel dung. They were called Nomadic Ecclesiastical Rich Dominican Siderites, or NERDS for short.

And lo, the land was so feverish with joy at the new riches and the deafening sound of drums, that no one noticed that the real riches were going to the drum maker, one Brother William of Gates, who bought up every drum company in the land. And indeed, did insist on making drums that would work only if you bought Brother Gates' drumsticks.

And Dot did say, "Oh, Abraham, what we have started is being taken over by others." And as Abraham looked out over the Bay of Ezekiel, or as it came to be known "eBay," he said, "we need a name that reflects what we are." And Dot replied, "Young Ambitious Hebrew Owner Operators." "Whoopee!" said Abraham. "No, YAHOO!" said Dot Com.....and that is how it all began.

Author Unknown

FREDDIES HEARING

Freddy goes to the church and listens to the preacher. After a while, the preacher asks anyone with needs to be prayed over to come forward. Freddy goes up and the preacher asks, "Freddy, what do you want me to pray about for you?"

"Preacher," says Freddy, "I need you to pray for my hearing."

The preacher puts one finger in Freddy's ear and he places the other hand on top of Freddy's head and prays and prays. After a few minutes, the preacher removes his hands and stands back.

"Freddy, how is your hearing now?"

"I don't know, Reverend," says Freddy. "My hearing's not until next Wednesday."



Following the business of the July meeting, Mrs Dorothy Hornung gave a brief and interesting report on the National AGM recently held in Cardiff. She also encouraged those members who have not yet been to Denham to try one of the variety of courses offered by the College.

A talk entitled 'Aunt Edna's Hats' was then given by the speaker Mrs Margaret Watkins who has had a varied life as an officer of the Salvation Army. Her inherited hats, modelled by members, were in a variety of styles from

glamorous to amusing.

Many members also worn their own hats whilst enjoying a traditional afternoon tea of sandwiches, scones, meringues and tray bakes prepared and served by the Committee.

We will be holding a Fashion Show from Kitty Brown Boutique on 25th September at Grange Methodist Hall at 7.30pm. in aid of King George V Playing Fields. Posters will be out later with further details.

The next meeting is at 2pm on Tuesday 4th September when a talk entitled 'British from the Bottom Up' will be given by Shirley Crisp.

New members welcome. Please contact Wendy Graham on 32702 or Carol Lamb on 32876.

ONE OF THOSE FOLKS!

I am one of those folks who buy a newspaper, listen to radio news and watch television news. Sometimes I wonder why! The news only seems to depress. During the last few months the news has been full of doom, gloom and disaster. There does not seem to be much good news.

The story of the fire at Grenfell Tower is one of terrible loss. Three acts of terrorism in London have shaken us as a nation. The bomb attack in Manchester made us despair. Then there are all the stories of suffering from across the world.

The press present graphic pictures of suffering. Thinking about this, it struck me that in the worst of times we also see the best of humanity. There are also stories real courage and compassion. In many of the press accounts of disaster we hear of real heroism and a wave of kindness from strangers.

In our emergency services we have people with professional knowledge of the danger they face and they go to that place. In ordinary people we saw thousands of acts of kindness as they looked at the other, the stranger, and give selflessly.

It is good for us to remember that ours is a nation where a wounded terrorist will receive medical care and those who seek to harm us will face justice not revenge. It is good for us to know that the Imam at Finsbury Park Mosque was instrumental in protecting the terrorist who had attacked his people.

Those who plot evil would have us look upon each other with suspicion. Those who plot evil would like us to be fearful and afraid. It is all too easy for us to seek safety and find that we have lost freedom. Suspicion and fear of the stranger can lead to prejudice and prejudice to hatred.

There is only one way to prevent such a process; that is love. To love is to take a risk. We have the example of Jesus as the one who risks all in love for humanity.

The only rule Jesus gave was that we were to love. Jesus is the one who tells us that God is love. Love is lived out in lots of little acts of kindness. This is not a denial that there is evil, nor is it an easy route to take. However, to take this route is to deny evil power over us. Through love and kindness we can change the world.

PRAYER MAY INCLUDE...

Praising

This involves a human being putting him/herself in a place of appropriate humility in front of the God who is utterly holy, loving and just.

Thanking

This is a way of recognising that everything that gives value or joy to life is the gift of a Creator, not merely good fortune.

Asking

Prayers of this kind can be personal (eg begging for healing for a sick relative) or immense in scale (such as longing for the end of a war).

Seeking forgiveness

This involves confession of something wrong (either personal or as part of a worldwide injustice) and a recognition that God has mercy on those who regret what they have done and seek to change.

Looking for guidance

Prayer frequently asks God for direction or seeks understanding in the face of the mysteries involved in being alive.

(This is based on an article by Nell Goddard, writing for the London Institute for Contemporary Christianity.)

THE SENSE OF A GOOSE

When you see geese on their annual migrations flying in a "V" formation, you might consider what science has discovered as to why they fly that way. As each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in a "V" formation, the whole flock adds at least 71 percent greater flying range than if each bird flew on its own.

People who share a common direction and sense of community can get where they are going more quickly and easily, because they are travelling on the thrust of one another.

When a goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone and quickly gets back into formation to take advantage of the lifting power of the bird in front.

If we have the sense of a goose, we will stay in formation with those people who are heading the same way we are.

When the head goose gets tired, it rotates back in the wing and another goose flies point.

It is sensible to take turns doing demanding jobs, whether with people or with geese flying south. Geese honk from behind to encourage those up front to keep up their speed.

What message do we give when we honk from behind?

Finally - and this is important - when a goose gets sick or injured and falls out of the formation, two other geese fall out with that goose and follow it down to lend help and protection. They stay with the fallen goose until it is able to fly or until it dies; and only then do they launch out on their own or with another formation to catch up with their own group.

If we have the sense of a goose, we will stand by each other like that.

Author not known

BISHOP OF PENRITH

As you know, the next Bishop of Penrith will be the Revd Dr Emma Ineson, who is currently Principal of Trinity College Bristol. She will be consecrated in York Minster on Wednesday 27th February 2019, and we do hope that as many people as possible may be able to come. Her first few months will be spent getting to know the Diocese, and she will be accepting parochial invitations from September onwards.

Ad Clerum
Rev James Newcombe

CHANGES TO DBS

In the near future the way the Diocese deals with the mandatory checks from the Disclosure and Barring Service will be changing. It will be moving to an online system which should speed up the process significantly and keep information more secure. The online system will be gradually introduced at the time of the next renewal.

Ad Clerum
Rev James Newcombe

PARISH SAFEGUARDING HANDBOOK

This new handbook brings into one place and summarises the safeguarding responsibilities for Parishes outlined in the House of Bishops 'Policies and Practice Guidance'. It has been designed to be easily consulted and provide quick answers. The handbook is aimed primarily at Incumbents and Parish Safeguarding Officers, with specific sections aimed at PCCs and leaders of activities for children, young people and vulnerable adults. It should be available through the Diocese as hard copy in September with an electronic copy available on the website.

Ad Clerum
Rev James Newcombe

FRESH EXPRESSIONS DAY CONFERENCE

Keeping imaginative mission to the fore of our churches is an important task as we seek to reach the whole of Cumbria. Thankfully we are continuing to see Fresh Expressions of Church emerge across Cumbria and find new ways to creatively and imaginatively reach out to the communities we serve. On November 10th we will be having our next Fresh Expressions Gathering. Please do make sure if you are not able to attend that someone from your mission community or parish does so. The feedback from last year was outstanding, and this year's event will offer plenty of resources to build on last year's.

Ad Clerum
Rev James Newcombe

CHURCHWARDENS' TRAINING DAY

The next of these training days will be on 8th September from 10am to 4pm at Ambleside Parish Centre. It will include topics such as finding funding for your church building; how to grow in a vacancy; safeguarding, and the spirituality of being a warden. Previous days have been much appreciated - and for details and booking please contact Joy Barrie (01768 807772 joy.barrie@carlisle-diocese.org.uk)

Ad Clerum
Rev James Newcombe



'God for All' has been warmly embraced by many; regarded with suspicion by some - and ignored or disregarded by a few. This autumn provides a good opportunity to bring everyone up to date on progress so far; to encourage those who are already involved - and hopefully to bring doubters on board as together we do our best to let everyone in Cumbria discover more of God's love for them and his purpose for their lives.

Rev James Newcome and other Church leaders will be touring the county with a presentation that will allow plenty of time for questions and discussion on October 31st and November 2nd, 6th, 14th, 15th, and 16th. A full list of times and venues will follow shortly. Please do come - and encourage as many people to come as you can.

Ad Clerum
Rev James Newcombe

LENT WALK

Next Lent Rev James Newcome will be walking around the Diocese as part of our ongoing 'God for All' programme. Bishop Emma and other church leaders will be with him for some of the time. Mike Talbot (our Evangelism Enabler) is working on a programme, which I hope we will be able to circulate quite soon.

Ad Clerum
Rev James Newcombe

STEWARDSHIP

Our newly appointed Stewardship Adviser is Sophie Hodge, who will be delighted to work with you on injecting the concept and reality of stewardship into the life-blood of your congregations. Generous giving is quite simply a matter of discipleship - and we can't expect people to grow as disciples who make disciples unless it becomes part of their ethos. Sophie is based at Church House. Please use her.

Ad Clerum
Rev James Newcombe

WE ARE IN THE SEASON OF AUTUMN

Autumn is the season when the weather begins to shift from summer time into winter time. During the season of autumn, the leaves on the trees turn into a orange, yellowish or reddish looking colour, and the atmosphere becomes a little bit chilly.

In Autumn the leaves on the trees fall off the trees preparing the trees for winter. Autumn also marks the time when the children in Europe and America begin to prepare to return back to school after their summer holidays.

In Autumn we have the autumn harvest as well. The Autumn harvest is also called the "agricultural time" of harvesting the fruits that cometh forth during Autumn time. Autumn starts on or around 8 August and ends on around 7 November in traditional East Asian solar term.

Body metabolism or changes in Autumn:

In autumn the human body metabolism or hormones enters into a place where they shift or change from summer time or summer vibe, and come into a realm where the body cells or hormones are influenced by the atmospheric energies of autumn, (causing the body to become infected by flu season or seasonal influenza).

According to God's calendar or the Hebrew, Jewish calendar, Autumn falls around the sixth month called Elul. On the Gregorian calendar, Autumn falls around the month of August and it finishes around the month of November.

On God's calendar Autumn is a season of Teshuva, a season when the human body, or human beings on the earth need to investigate their relationship with God, and also reunite their behaviour, desires, motives and will back to God.

What is the spiritual purpose of Autumn season?

Autumn carries a spiritual environment which develops the human body into the realm of bringing forth fruits or to become fruitful. In Autumn; the good deeds of a human being can become the mercy, grace, prosperity, and blessings which derives from God.

But on the other hand; the evil deeds of one's character can also become the harvesting of evil events and evil spiritual energies which derives from the satanic realm.

According to the secular calendars and the Gregorian calendar, Autumn becomes a season of doing the opposite, where the different cultures, customs, and nations in the earth develop into an inner desire of wanting to contradict God's will.

In Autumn (according to the Gregorian calendar), the world celebrates Halloween, a celebration where people invite evil energies of their dead celebrities, leaders and ancient figures into their lives.

Through this Autumn celebration of Halloween, people are drawn into the act of bringing forth fruit of worshipping the dead energies of their dead celebrities, thus bringing them into the harvesting of the same evil presence.

Mike (Ed)

GAS MAN!

Having my tonsils out at the age of six years of age did not go smoothly. I bit the anaesthetists thumb and subsequent attacks of tonsillitis show that at least part of a tonsil is still there!

My interest in the human body and its amazing healing capacity is much easier to explain! At school scout camp I was chopping wood when I struck my shin with the axe and over the weeks watched the wound close up completely over a week or two. I was 'hooked'.

Medical school provides the chance to study the structure and workings of the human body and then exposure to Surgery, 'pure' medicine, obstetrics, gynaecology, paediatrics, orthopaedics, ophthalmology and General Practice. Most of these specialities require the services of a Gas Man who can render suffering patients insensate whilst receiving what would otherwise be painful or distressing treatment.

What does the gas man do? Two things: He ensures unconsciousness during and control of pain after surgery. Furthermore, like the meter reader who comes to your home, HE MEASURES THINGS!

It was probably Einstein who said that if you cannot express yourself in NUMBERS your concepts are INCOMPLETE, and this certainly applies to all branches of medicine, but particularly to Intensive Care.

In the Intensive Care Unit, the Gas Man reigns supreme because he (or she) knows PRECISELY how much of what is going in and out of the body, at what speed the circulations is operating and how much oxygen is being used at what cost is energy utilisation.

Above all of these technical activities the Gas Man is dealing with human beings. The patients are under stress, their relatives and loved ones are anxious; the nurses are at the patient's side 24/7 and the Hospital Chaplain or the patient's parish priest, or both, are involved in the spiritual well being of all the above.

The Gas Man doesn't just knock you out!

Richard Fell (Dr)

NATIONAL PRAYER DAYS

In wars such as the two world wars, there is not only fighting on earth but battles being fought in the heavenlies. In the 1914-18 war several appearances of angels were seen encouraging those fighting on earth. In the Second World War, on seven occasions, when this country turned to prayer, God was able to perform miraculous events that significantly affected the progress of the war, proving that when 'Men pray, God works.'

On those seven separate days the King and Parliament called the nation to prayer because the situation had become so desperate. In gratitude for deliverance after the war, the government passed a law making Christian teaching in school's compulsory. Now it is often difficult to get permission to mention the name of Christ, and many children lack ethical and moral teaching. The results in our community life are obvious.

So here are the records of those seven National Prayer Days.

- (I) **March 27th 1940** France had fallen. "Dad's Army" were practicing with broomsticks. 350,000 men were trapped on Dunkirk beaches. Severe storms were forecast, The whole country prayed, streets were empty, churches full. Then the English Channel became absolutely calm, while every possible motor craft over 30 ft in length sailed to France and 338,000 men (but with no armaments) were evacuated, and only 2,000 were left at Dunkirk.
Yet Hitler did not proceed to invade.
- (II) **August 11th 1940** Goering commenced the Battle of Britain. On 30th August 800 enemy bombers flew to destroy Britain's key airfields The nation prayed and the small British force of Spitfires and Hurricanes shot down 180 Nazi bombers, far more than could be explained by radar.
Hitler decided to attack London instead.
- (III) **September 8th 1940** A massive air attack with five fighters protecting each bomber was launched. Yet the few British fighters shot down 185 Nazi planes. Britain prayed again. Angels were reportedly seen in the sky. Hitler also had massed barges and 50,000 men to invade Britain but a terrific storm blew the barges away.
By September 15th there was no reserve British aircraft left.
- (IV) **March 23rd 1941** Another National Day of Prayer was called.
Unknown until after the war, Hitler had planned to invade Britain that day. But a great submarine earthquake created waves and gales blew Nazi ships 80 miles off course. Within days, Yugoslavia decided to change their minds and resist Hitler, Ethiopia was liberated from Mussolini, the British navy fought the Italian fleet sinking many cruisers and destroyers.
Hitler decided for the fourth time not to invade Britain but to attack Russia.
- (V) **September 3rd 1942** The third anniversary of the beginning of the war. Prayer was made and next day the whole Italian fleet was sunk at Palermo, gallant Malta was delivered and at El-Alamein the North African campaign changed from unmitigated defeat to complete victory.
- (VI) **September 3rd 1943.**The fourth anniversary After prayer being made, Italy surrendered and Mussolini was murdered. Ethiopia, with its Christian Emperor, Haile Selassie was liberated.
- (VII) **June 5th 1944,** King George called for a Day of Prayer. D-Day had been delayed several times because of terrible weather and Eisenhower decided it was 'Now or never'. The call was not so well supported at home but every soldier attended church parade to pray to Jesus Christ. The next day the greatest break in the terrible weather occurred and allowed the invasion to take place.

There were very many instances of divine answers to prayer, but this is just to emphasise the value of National Days of Prayer. Perhaps it is high time we had another National Prayer Day. surely our country needs it.

Keith Buckler

BEING FOUGHT IN THE HEAVENLIES

In the 1914-18 war several appearances of angels seen by large numbers of witnesses encouraging those fighting on earth. For example on 27th August 1914 near Mons, an exhausted column were covering the retreat of their troops They were conscious of being accompanied by several squadrons of cavalry riding beside them on both sides for at least 20 minutes. On investigation no troops were found.

On at least two instances events occurred similar to stories in the Bible. In July 1915 a column of cavalry were advancing up a road when suddenly their horses refused to advance and they had to about-turn. They learnt later that they had been heading for a German ambush. The German charge to attack the retiring British was suddenly stopped as their horses refused to go further swerving round and fleeing. Like Balaam's ass (Numbers 22 v23) who stopped when he saw an angel invisible to Balaam.

Towards the end of the war, The Germans broke through the British lines and captured a small hill near Bethune. Beyond they saw a large area bare of any troops, But the British saw them rake it heavily with shells and machine gun fire, Suddenly they stopped dead, threw down their arms and fled in panic. Later they reported that they had seen a brigade of cavalry on white horses, led by a fine man, whose hair like spun gold on a huge white charger.

Despite the Germans blasting them with all they'd got, the white horses cavalry continued to steadily advance Great fear overcame the Germans who fled the field in complete disarray. All the British observed was the firing of guns and shells into an empty field. Like Elisha's servant, the army of the Lord was invisible until his eyes were opened. (2 Kings 5 v17). At home in Britain & USA National day of Prayer had been ordered by their governments at that time.

Keith Buckler

WORLD WAR ONE: THE MANY BATTLES FACED BY WW1'S NURSES

Nursing in World War One was exhausting, often dangerous work and the women who volunteered experienced the horror of war first hand, some paying the ultimate price. But their story is surrounded by myth and their full contribution often goes unrecognised.

The myth of the gentle young nurse, often a voluntary and untrained VAD (Voluntary Aid Detachment), in her starched and spotless white uniform, was universally admired. It echoed centuries of stories from King Arthur and the Round Table to Shakespeare's Henry V, where rough but brave warriors encountered graceful young women who cared for them

Young men and women in 1914, like their parents, expected the war to be short. Music hall songs were patriotic and optimistic. Women were expected to wait at home patiently or, if they were from working-class homes, to join munitions factories. "Keep the home fires burning," they were abjured. "Though your boys are far away, they will soon come home." Had they been injured, however, there would have been very few nurses to look after them.

The main trained corps of military nurses was the Queen Alexandra's Imperial Military Nursing Service (QAIMNS). It was founded in 1902 at the time of the Boer war and in 1914 was less than 300 strong. At the end of the war four years later it numbered over 10,000 nurses.



Because the British Army was so resolutely opposed to all female military nurses except the QAIMNS, early volunteers from Britain were obliged to serve instead with the French and Belgian forces. Many of these early volunteers were from aristocratic families and their servants. Powerful women who ran large families and large estates were well versed in management and saw no great problems in managing a military hospital instead. Their confidence in their own abilities was impressive.

Thousands of young women from middle-class homes with little experience of domestic work, not much relevant education and total ignorance of male bodies, volunteered and found themselves pitched into military hospitals.

They were not, in most cases, warmly welcomed. Professional nurses, battling for some kind of recognition and for proper training, feared this large invasion of unqualified volunteers would undermine their efforts. Poorly paid VADs were used mainly as domestic labour, cleaning floors, changing bed linen, swilling out bedpans, but were rarely allowed until later in the war to change dressings or administer drugs.



The image and the conspicuous Red Cross uniforms were romantic but the work itself exhausting, unending and sometimes disgusting. The climate of hospital life was harsh but many VADs, including my mother, also had to cope with strained relations with their parents and other older relatives.

The home front in WW1 was very remote from the fronts where the battles were fought.

There was no television or radio and newspaper reports were much delayed. People learned fragments through long casualty lists or letters from their soldier relatives.

The war produced medical issues largely unknown in civilian life and not previously experienced by doctors or nurses. Most common were wound infections, contracted when men riddled by machine gun bullets had bits of uniform and the polluted mud of the trenches driven into their abdomens and internal organs. There were no antibiotics, of course, and disinfectants were crude and insufficiently supplied.

According to Christine Hallett in her comprehensive and minutely researched book on nursing in WW1, *Veiled Warriors*, more radical measures were widely used on the Russian front. Wounds were packed with iodide or salt, the body tightly bandaged and the victim shipped for many miles to wartime hospitals.

In Britain much work was done to deal with infected wounds but thousands died of tetanus or gangrene before any effective antidote was discovered. Towards the end of the war, a few radical solutions emerged. One of these was blood transfusion effected simply by linking up a tube between the patient and the donor, a direct transference.

Professional nurses, the backbone of the wartime service, failed to get legal recognition of registered status until 1943. Some drifted into public health and midwifery but nursing remained something of a Cinderella service.

Much has improved in the last 60 years, but full acceptance of the knowledge and experience of nurses as equal contributors with doctors to the wellbeing of patients is still a work in progress. Being a largely female profession remains an unjust handicap.

Mike (Ed)

NB: This is an abridged article. *Find out more from* Kate Adie *about what WW1 did for women and* Michael Mosley *on the plastic surgery techniques pioneered in WW1.*

INCONSIDERATE CAR PARKING

Once again residents have contacted councillors about irresponsible parking. The Parish Council would ask motorists to be aware of where they are parking and not to park across dropped kerbs which are there to enable people with restricted mobility, and children in pushchairs, to get around.

Parking at road junctions and corners obstructs viewing for both motorists and pedestrians causing potential major road hazards. The Police and County Council Traffic enforcement are aware of these problems. Please use a little common sense and park with a thought for other road users and pedestrians.

Mike (Ed)

A wife invited some people to dinner.
At the table, she turned to their six-year-old daughter and said,
"Would you like to say the blessing?"
"I wouldn't know what to say," the girl replied.
"Just say what you hear Mummy say," the wife answered.
The daughter bowed her head and said,
"Lord, why on earth did I invite all these people to dinner?"

A little boy was overheard praying:
"Lord, if you can't make me a better boy, don't worry about it.
I'm having a real good time like I am."



*Copy for Next issue by the
1st November please.*

Sunday Services

There are services every Sunday at: 8.00am and 10.45am.

The **First Sunday** of the month is a Service of the Word.

The **Second** and **Fourth Sundays** in the month are Holy Communion.

The **Third Sunday** of the month is an All-Age Service.

The occasional **Fifth Sunday** could be anything!

Our **Sunday School** meets during the morning service on most Sundays apart from All-Age Services.

Saturday morning prayers. Meet at St Mary's Church every Saturday morning at 9am for an informal time of prayer. All are welcome.

Service sheets—large print copies are available on the Welcome Desk, we also have a hearing loop system.

PCSO CONTACT

Howard Firth: howard.firth@cumbria.police.uk Tel. 101 ext. 45186. Grange, Allithwaite and Flookburgh
Debbie Ross: debbie.ross@cumbria.police.uk Tel. 101 ext. 45334. Bowness and Cartmel.

TO REPORT

Roads and highways, including potholes, road closures, road signs, gritting and pavements, are managed by Cumbria County Council. Hotline: 0300 303 2992

SLDC: Abandoned vehicles, street lighting, fly tipping, litter bins, dog fouling and road sweeping, contact: Hotline: (01539) 733333 or e-mail: customer.services@southlakeland.gov.uk.

EMERGENCY CONTACT NUMBERS

In case of flooding or other related problems the emergency contact numbers for the various organisations are below:

ORGANISATION	CONTACT	TELEPHONE (Emergencies 24/7)
ENVIRONMENT AGENCY	Main switchboard	0800 807 060
FLOODLINE	To report flooding	0345 988 1188
ELECTRICITY	Electricity North West	0800 195 4141
GAS	Transco	0800 111 999
TELECOMMUNICATIONS	BT	0843 504 3130
WATER	United Utilities	0845 746 2200

The Lower Allithwaite Parish Council's Emergency Plan can be viewed by visiting: www.allithwaiteandcartmel.co.uk website where a copy of the plan can be found in 'Policies and Procedures'.

The Bulletin Board

St Mary's Church, Allithwaite
AWAY WEEKEND
11th-13th January 2019
at the Lancaster House Hotel
University Campus, Lancaster
Adults £150 – accompanied children (16 or under) free



For further details, brochure and booking form ring Janet (30359) or Pat (38871)

An evening with Canon Andrew White, the 'Bishop of Baghdad' on Saturday 1st September 2018 at 7.30pm at St Mary's Church, Ambleside. Further details from Rev Nick Hallam – 015394 36069 or Nick.Hallam@uwclub.net.

Heather Smith. The date for the licensing of Heather as a Reader will take place at Carlisle Cathedral on **Saturday 6th October 6th at 2.00pm** with Steve Bell and Lis Arthurs re-licensing for the next 5 year term. Everyone welcome.

Sunday October 7th 10.45 Harvest Festival and Bring and Share lunch

MISSION COMMUNITIES

More and more Mission Communities are being launched and commissioned, and several resources are already in place to help with their development. Among them are:

- Provision of a CCF (Constructive Coach and Friend) who can offer insight and constructive feedback to leaders.
- 'Moving Forward' - which is a series of workshops that will challenge you to shape and develop your Mission Community's story. These workshops are designed to energise and equip a broad leadership group and include the use of a special leadership toolkit.

For more information please contact Jane Maycock:
jane.maycock@cumbriachristianlearning.org.uk

HOUSE SWAP

If you would like to visit Australia in 2020 for a month or so, the Rt Revd David Mulready (Retired Bishop of NW Australia) would love to discuss swapping houses. He and his wife live in Gerringong, on the coast 2 hours south of Sydney. They would love to hear from you: 28muls@gmail.com

**THE CARTMEL PENINSULA TEAM MINISTRY
PARISH OF SAINT MARY'S, ALLITHWAITE**

TEAM VICAR	The Reverend Rachel Stavert Rachel is currently off work, please contact the Church Warden Ian Davey on 35950, or Rev Amiel Osmaston on 35476.	
TEAM RECTOR	Rev Dr James Bruce	(015394 22435) (07443 843 513)
TEAM VICAR	Vacant	
ASST PRIEST	The Reverend George Wilson	(59215)
TEAM CURATE	The Reverend Andrew Norman	(39355)
CHURCHWARDENS	Ian Davey	(35950)
PCC SECRETARY	John Arthurs	(35406)
PCC TREASURER	John Tindale	(07984 342 266)
TEAM OFFICE (Tues Wed 10.00 — 12.30) (Fri 9.00 — 13.00)	Linda Brown cptmoffice@gmail.com	(35560)
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MARY LAMBERT HALL	Bookings	(32144)
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Items for the next issue of the magazine can be submitted any time, but before the 1st November please, and send to:

Mike Lamb, 6 Hazelgarth, Allithwaite, LA11 7RS
Home Tel: 015395 32876
Mobile Tel: 077757 36970

You can also place your articles in the letter rack in the vestry, post them or e-mail mikelamb34th@yahoo.com.

Please sign your article and include your telephone number in case of queries.

Thank you,

Mike (Ed)